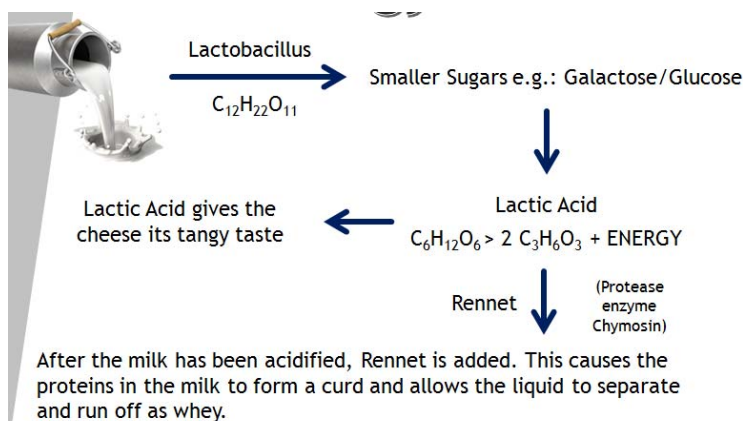


Biotechnology 02

How do you make cheese?

Cheese is made from the milk of animals, including cows, goats, and sheep. Different types and flavours of cheese can be made using different species of bacteria and moulds.

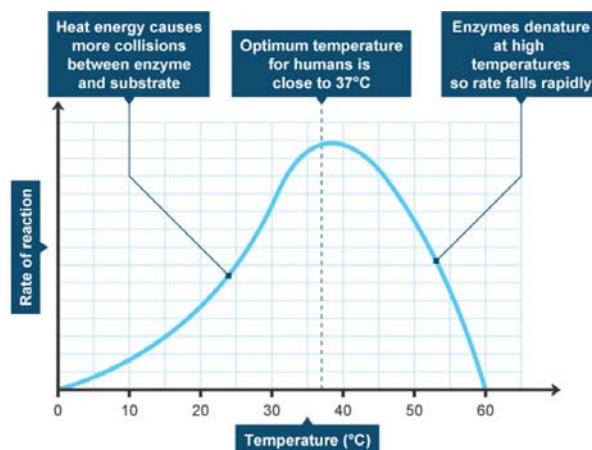
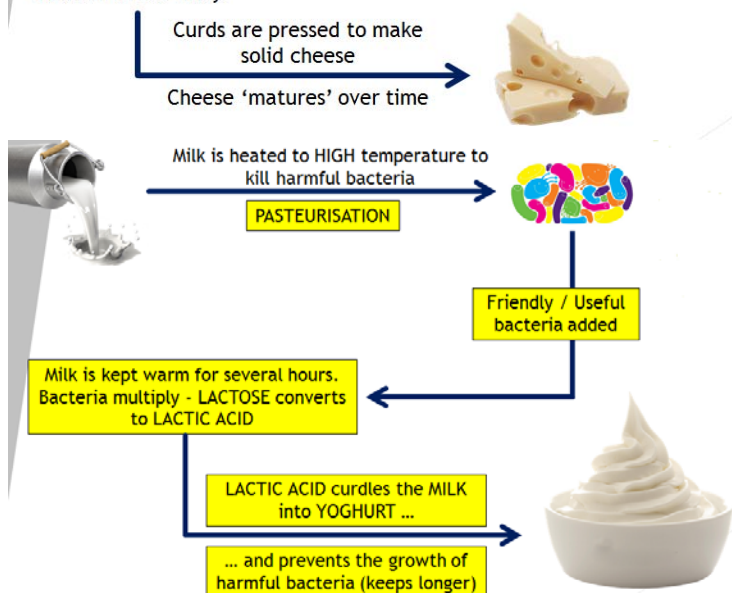
To make cheese, bacteria are added to milk. The bacteria then ferment lactose, a type of sugar found in milk. During fermentation, the lactose is converted into lactic acid. This acid gives cheese its tangy taste.



Similarities between cheese- and yoghurt-making:
 both made using bacteria
 both made using milk
 both involve fermentation
 lactose is fermented to lactic acid

Remember from Biotechnology 01 the Glucose Fermentation to Ethanol process.

Glucose + Yeast \rightarrow Ethanol + Carbon Dioxide + Energy



Note that yeast activity works best at an optimum temperature, around 37°C, above or below this the yeast will become DENATURED (damaged) and will not be able to perform its function.

Differences between cheese- and yoghurt-making:
 rennet is required to manufacture cheese (to provide the enzymes required to curdle the milk)
 cheese (curds) needs to be separated from the resulting liquid (whey)
 yoghurt needs to be kept warm during its production
 the milk used for MAKING yoghurt is pasteurised beforehand